

Consolidated Scheme of Work for Physical Education (YEAR: 2020)

Secondary 1					Culminating Event					Assessment				
Modules	Basketball (Captain's Ball)	Basketball	PHF	Outdoor Education	Mid-year	PHF	OE	Sports Enrichment	End-year	Basketball (Captain's Ball)	Basketball	PHF	OE	Affective domain and 21st CC
					NIL	Woodgrove Fun Run	NIL	To be confirmed	Woodgrove Sports Challenge Captain's Ball (3 hours)	Skill and Game formative assessment.	Skill and Game formative assessment: Theory assessment on rules and concepts.	Self-recording for NAPFA Test: E-learning weekly exercise programme during holidays.	Formative assessment	Self-assessment and Teacher assessment (formative) on affective development and 21st CC.

Secondary 2					Culminating Event					Assessment				
Modules	Badminton	Ultimate Frisbee	PHF	Outdoor Education	Mid-year	PHF	OE	Sports Enrichment	End-year	Badminton	Ultimate Frisbee	PHF	OE	Affective domain and 21st CC
					NIL	Woodgrove Fun Run	Sec 2 Outdoor Adventure Camp	To be confirmed	Inter-class Ultimate Frisbee competitions (3 hours)	Skill and Game formative assessment: Theory assessment on rules and concepts.	Skill and Game formative assessment: Theory assessment on rules and concepts.	Actual NAPFA Test: E-learning weekly exercise programme during holidays.	Formative assessment	Self-assessment and Teacher assessment (formative) on affective development and 21st CC.

Secondary 3					Culminating Event					Assessment				
Modules	Volleyball	Floorball	PHF	Outdoor Education	Mid-year	PHF	OE	Sports Enrichment	End-year	Volleyball	Floorball	PHF	OE	Affective domain and 21st CC
					NIL	Woodgrove Fun Run	OBS	To be confirmed	Inter-class Volleyball competitions (3 hours)	Skill and Game formative assessment: Theory assessment on rules and concepts.	Skill and Game formative assessment: Theory assessment on rules and concepts.	Self-recording for NAPFA Test: E-learning weekly exercise programme during holidays (NYAA related).	Formative assessment	Self-assessment and Teacher assessment (formative) on affective development and 21st CC.

Secondary 4					Culminating Event					Assessment				
Modules	Softball	Touch Rugby	PHF	Outdoor Education	Mid-year	PHF	OE	Sports Enrichment	End-year	Softball	Touch Rugby	PHF	OE	Affective domain and 21st CC
					Inter-class Softball competitions (3 hours)	Woodgrove Fun Run		To be confirmed	NIL	Skill and Game formative assessment: Theory assessment on rules and concepts.	Skill and Game formative assessment: Theory assessment on rules and concepts.	Actual NAPFA Test		Self-assessment and Teacher assessment (formative) on affective development and 21st CC.

Secondary 5					Culminating Event					Assessment				
Modules	Softball	Handball	PHF	Outdoor Education	Mid-year	PHF	OE	Sports Enrichment	End-year	Softball	Handball	PHF	OE	Affective domain and 21st CC
					Inter-class Softball competitions (3 hours)	Woodgrove Fun Run		To be confirmed	NIL	Skill and Game formative assessment: Theory assessment on rules and concepts.	Skill and Game formative assessment: Theory assessment on rules and concepts.	Actual NAPFA Test		Self-assessment and Teacher assessment (formative) on affective development and 21st CC.