



林景中学

WOODGROVE SECONDARY SCHOOL

A School of Choice. A Community of Dynamic Learners.

23 July 2018

Dear Parents / Guardians,

2nd NCC Road Relay 2018 and Extra Training Sessions

Your son has been selected to be part of the training squad for the upcoming 2nd NCC Road Relay. This competition is designed to be in line with the 3 NCC Key Thrusts of: Leadership; Physical Fitness; Commitment to Singapore as well as to incorporate the 3 strands of the Cadet Strong framework of: A Resilient Mind; Fit Body; Committed Heart. The objectives of the Road Relay are to strengthen and promote: (i) Confidence (ii) Teamwork (iii) A healthy lifestyle

Below are the details:

Day/Date : Thursday 16 August 2018
Time : 1430hrs / 1730hrs
Venue : Ang Mo Qwee Camp
Dress-code : P.T attire

He has to **report to school** for assembly and normal lessons. They will be dismissed at 1330hrs to board the bus at 1345hrs. They will be dismissed in school at 1815hrs.

To prepare for this event, extra training sessions have been catered for them leading up to the event.

Below are the details:

Day/Date : Tuesdays
Time : 1445hrs / 1530hrs
Venue : School
Dress-code : P.T attire

On their own, you son is highly encouraged to train his stamina on his own via regular runs and maintain a healthy lifestyle.

We seek your cooperation and support in your child's/ward's participation in this event.

Thank you.

Yours faithfully,

Mr Jonathan Jong
PE & CCA HOD
Woodgrove Secondary School



QR Code for School Website

