

| Term | Week | Topic |
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| 1 | 1 | Chapter 1: Physical quantities, Units and Measurements |
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| | 3 | Chapter 2: Kinematics |
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| | 6 | Chapter 4: Mass, Weight and Density Week 7: WA1 (Written Assessment) |
| | 7 | |
| | 8 | Chapter 3: Forces |
| | 9 | |
| | 10 | |

| Term | Week | Topic |
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| 2 | 1 | Chapter 5: Turning Effects of Forces |
| | 2 | |
| | 3 | |
| | 4 | Chapter 6: Energy, Work and Power |
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| | 6 | |
| | 7 | Chapter 7: Pressure Week 7-8: WA2 (Written Assessment) |
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| | 9 | |
| | 10 | Chapter 9: Kinetic Model of Matter |

| Term | Week | Topic |
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| 3 | 1 | Chapter 9: Kinetic Model of Matter |
| | 2 | |
| | 3 | Chapter 8: Temperature |
| | 4 | |
| | 5 | Chapter 10: Transfer of Thermal Energy Week 4-7: WA3 (Project-Based) |
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| | 7 | |
| | 8 | Chapter 11: Thermal Properties of Matter |
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| Term | Week | Topic |
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| 4 | 1 | Revision |
| | 2 | |
| | 3 *EYE | End-of-Year Examinations |
| | 4 *EYE | |
| | 5 | Chapter 13: Waves Chapter 12: Electromagnetic Waves |
| | 6 | |
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